

## **Oatmeal breakfast cookies**

by [Paxye](#)

Makes 3 servings

### Ingredients:

1 cup oats  
1 cup skim milk powder  
1 tbsp raisins  
1 tbsp chocolate chips  
1 cup apple sauce  
1 tsp baking powder  
3 tbsp whole wheat flour  
2 tsp brown sugar  
1/4 tsp salt  
1 tsp cinnamon

### Directions:

Preheat oven to 350, Mix dry ingredients together (can be made in advance), Add applesauce and mix. Adjust if too dry or too wet. Make 3 mounds (They will be big and you can only fit 2 on a normal cookie sheet) and bake for 15-20 min until done.

### Nutrition:

350 cal per cookie,  
3.2 g fat,  
4.2 g of Fiber,  
19.2 protein